



### STEP 1

- REMOVE THE SWIVEL AND PARTS FROM THE BOX把转座和零件从包装箱里取出
- ENSURE THE PARTS ARE NOT DAMAGED确认零件无损
- BEGIN THE ASSEMBLY OF THE SWIVEL BASE开始组装



- 1 X SWIVEL LOCK 弹锁
- 5 X SMALL SCREW (1 SPARE) 小螺丝 (有多一个备用)
- 1 X SCREW DRIVER 螺丝批

- TAKE THE SWIVEL LOCK AND PLACE IT AS SHOWN ON THE SWIVEL CHASSIS 把弹锁按图放在转座上
- INSTALL WITH RED SWITCH TO BOTTOM OF CHASSIS WITH THE SMALL SCREWS PROVIDED USING THE SCREW DRIVER 红色按钮朝转座底部, 用螺丝批锁紧小螺丝。



### STEP 2



SWIVEL BASE MECHANISM 转盘



- PLACE THE SWIVEL MECHANISM ONTO THE CHASSIS USING 4 x M6 SCREWS (NO2 SCREWS) 把转盘放在转座上, 用4xM6 螺丝固定位置
- PUT ALL 4 SCREWS ON LOOSELY, THEN TIGHTEN ALL 4 USING THE ALLEN KEY PROVIDED 用六角扳手均匀锁紧四个螺丝



### STEP 3



2 X WHEEL AXLES 两个轮轴



WHEEL SPACERS (X4) 四个轴套

- PLACE AXEL THROUGH CHASSIS 把轮轴装入转座
- PLACE SPACER ON EACH END OF AXEL AS SHOWN 每个轮轴两端各套一个轴套



- PLACE LARGE WASHER ONTO AXEL AND THEN SPACER ONTO AXEL 先放大垫片, 再放轴套



### STEP 4



- 2 X ALLEN KEYS 六角扳手
- 4 X BOLTS 螺丝
- 4 X SMALL WASHER 小垫片
- 4 X LARGE WASHER 大垫片
- 4 X SPRING WASHER 弹垫

FOR WHEEL ASSEMBLY 转座组装配件



WHEELS (X4) 轮子四个

- AFTER THE SPACER HAS BEEN ALLOCATED ONTO THE AXEL PLACE THE WHEEL ONTO THE AXEL FOLLOWED BY THE BOLT WITH THE SPRING WASHER AND SMALL WASHER 轴套装完后, 把轮子套到轴套上, 然后旋入装了弹垫和小垫片的螺丝。
- **IMPORTANT!!! PLEASE PLACE THE SPRING WASHER INTO THE LARGE BOLT FIRST FOLLOWED BY THE SMALL WASHER, SCREW ONTO THE AXEL! 注意!!! 请先把弹垫套到螺丝上, 再把小垫片套到螺丝上, 然后把螺丝旋入轮轴**
- REPEAT FOR THE OPPOSITE SIDE OF THE AXEL AND USING BOTH LARGE ALLEN KEYS TIGHTEN THE BOLTS. ENSURE BOTH SIDES ARE TIGHT! REPEAT FOR ALL WHEELS! 重复以上步骤安装对侧的螺丝, 然后用两个六角扳手一起锁紧。同样装另一个轴。

### STEP 5



- PLACE THE CRADLE ONTO THE SWIVEL 把铝架放到转座上
- **IMPORTANT:** ENSURE THAT THE LOCKING SLOT SECTION IS PLACED OVER THE LOCKING MECHANISM. (AS PICTURED) 注意: 确保转座上的弹锁能穿入铝架上的锁孔, 再穿螺丝
- RELEASE LOCK LEVER AND TURN SWIVEL SIDEWAYS TO HELP WITH EASE OF ASSEMBLY OF THE SCREW AND NUT ONTO CRADLE 解除弹锁锁定, 转动铝架到能舒服锁紧螺丝的位置



### STEP 6



- LOCK SLOT ONTO LOCK MECHANISM 弹锁嵌入锁孔



- 6 X CRADLE SCREWS 铝架螺丝
- 2 X NUTS 螺母
- FOR CRADLE ASSEMBLY INTO SWIVEL 铝架安装配件



## STEP 7

- TURN SWIVEL SIDEWAYS THEN PLACE BOTH SCREWS INTO CRADLE AND SWIVEL, PLACE NUT UNDER ONTO THE SCREW AND FINGER TIGHTEN 转动铝架到弹锁的垂直方向，锁入螺丝
- ONCE BOTH NUTS ARE SECURE USE THE ALLAN KEY AND THE SMALL SPANNED TO TIGHTEN! ONCE TIGHTENED TURN SWIVEL BACK TO THE LOCK SLOT AND LOCKING MECHANISM AS IN PICTURE 1 两个螺母用手锁入螺丝后，用六角扳手和开口扳手锁紧。然后转动铝架到弹锁位，打开弹锁固定铝架位置。



## STEP 8

- 2 X MALE LOCKING KNOBS 旋钮螺丝
- 2 X FEMALE LOCKING KNOBS 旋钮螺母
- 2 X LARGE WASHER 大垫片
- 2 X SMALL WASHERS 小垫片
- 2 X SHOULDER BOLTS 轴肩螺丝



TO SECURE POWAPASS MACHINE TO CRADLE 把机器放入铝架



- TAKE A SMALL WASHER AND PLACE IT INTO THE SWIVEL BOLT, PUT THROUGH THE INSIDE OF THE MACHINE 取小垫片套在轴肩螺丝上，从机器的孔里穿出。



- PUT BLACK KNOB ONTO THE SWIVEL BOLT. AS PICTURED 如图把旋钮螺母锁在轴肩螺丝上
- REPEAT FOR BOTH SIDES OF MACHINE 重复另一边



## STEP 9

- **NOTE: TWO PEOPLE REQUIRED!! 注意：最好两个人操作！！**
- ONCE SWIVEL BOLTS ARE ON, TAKE THE MACHINE AND PLACE ONTO SWIVEL CRADLE. **BEWARE DO NOT LET MACHINE GO!! CONTINUE TO HOLD MACHINE!** 装好轴肩螺丝后，抱起机器放入铝架。**注意，别让机器动！！继续抱住机器！！**
- LETTING IT GO AT THIS POINT WILL CAUSE IT TO FALL BACKWARDS! USING ANOTHER PERSON GO TO NEXT STEP AND ALLOCATE THE LOCKING KNOBS IN NEXT STEP! 如果这时松开机器，会导致工作白费！一个人继续抱住机器，另一个人来做下面的工作，放入旋钮螺丝。



- PUT THE LOCK KNOB THROUGH THE LARGE WASHER AND THEN SCREW INTO TO PLACE AND TIGHTEN. 旋钮螺丝穿过铝架，再套个大垫片，锁入机器上的螺丝孔。
- REPEAT OTHER SIDE! 重复另一边



## STEP 10

- TAKE THE BLACK LOCKING SLEEVE AND PLACE OVER THE THREADED END OF THE HANDLE AS SHOWN, SCREW LOOSELY ONTO THE BLACK THREADED PART 拿起黑色锁套，从螺纹端套入把手，旋入黑色螺纹件上。
- PULL THE SILVER THREADED END OF HANDLE OUT TO FULL EXTENSION AND THEN TIGHTEN THE LOCKING SLEEVE 把把手从银色螺纹端拉出黑色锁套到最长，旋紧黑色锁套。



## STEP 11

- PUT SWIVEL HANDLE BETWEEN THE TWO NUMBER 2 CHUTE PARTS AND ATTACH TO THE HOLES PROVIDED 把转座把手用螺丝固定在两个2号轨架上。
- TIGHTEN 锁紧螺丝



## STEP 12

- WHEEL AND CRADLE LOCKS 轮子和铝架限位弹锁
- SIMPLY PUSH THE SILVER END IN TO LOCK THE HEELS AND SWIVEL CRADLE. 简单的按下弹锁的银色柱子，轮子和铝架就被固定住位置啦
- TO UNLOCK PRESS THE RED BUTTON! 解锁，请按红色按钮
- **NOTE: ENSURE LOCKS ARE DISENGAGED BEFORE MOVING WHEELS OR SWIVEL, FAILURE TO DO THIS MAY CAUSE DAMAGE TO THE LOCKS 注意：转动轮子和机器前，请注意按下红色按钮解除锁定，否则会破坏弹锁。**



**\*PLEASE READ THE WARNINGS BEFORE USING THE POWAPASS MACHINE\***

使用本机器前，请仔细阅读警示机器上的警示标贴

**\*DISPOSE OF THE PLASTIC PACKAGING SAFELY\***

请妥善安全的处理包材

If you have any questions about the Powapass football training machine, please contact your local distributor or email [sales@powasports.com](mailto:sales@powasports.com)

如果您在使用本机器时有任何任何问题，请联系本地经销商，或发邮件到 [sales@powasports.com](mailto:sales@powasports.com)

Please share your images & videos online @powapass

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**\*PLEASE DISPOSE OF ALL PLASTIC BAGS IMMEDIATELY, KEEP OUT OF REACH OF CHILDREN, PLASTIC BAG CAN BE A HAZARD\***

请立即妥善处理塑料袋，不要让孩子接触到，误食或玩耍塑料袋会对您的孩子带来伤害